



## COVID-19 (nCorona) Virus Outbreak Control and Prevention State Cell

Health & Family Welfare Department

Government of Kerala

### **AMENDMENT TO THE REVISED DISCHARGE GUIDELINES FOR COVID-19 PATIENTS DATED 1<sup>st</sup> July 2020**

**No. 31/ F2/2020/H&FWD- 21<sup>st</sup> July 2020**

The COVID-19 pandemic is evolving and clinical research data is revealing new knowledge into the epidemiology of the disease. It is essential that the technical strategies and guidelines are refined based on the new knowledge for control and prevention of the disease as well as for the efficient resource management. Based on the recent analysis of the epidemiology of the patients in Kerala and considering the guidelines of the World Health Organization (WHO) and Ministry of Health and Family Welfare, Govt. of India, the revised discharge guideline for COVID-19 patients is issued. The Ministry of Health and Family Welfare, Govt of India guidelines stipulates to discharge asymptomatic patients on the 10<sup>th</sup> day.

a. The discharge policy is amended as follows –

All Positive patients will be subjected to Antigen test as follows and take further actions regarding the discharge accordingly.

CATEGORY	DAY OF 1 <sup>ST</sup> FOLLOW UP TEST	ANTIGEN TEST RESULT	DISCHARGE	Quarantine
Asymptomatic	10 <sup>th</sup> day since first positive result	Negative	Discharge	Avoid Non- Essential travel and social contact (like family visits, attend marriages, functions or work)for 7 days after Discharge. Adequate rest to be taken.
		Positive	Repeat every alternate day till the test is negative for discharge	



<b>CAT-A</b>	<b>10<sup>th</sup></b> day since onset of symptoms if there are no symptoms  OR  -Test one day after resolution of symptoms	Negative	<b>Discharge if:</b> -Completed 10 days since the onset of symptom - No symptoms since last 3 days	Avoid Non-Essential travel and social contact (like family visits, attend marriages, functions or work)for 7 days after Discharge. Adequate rest to be taken.
		Positive	-Repeat every alternate day till the test is negative for discharge.	
<b>CAT-B</b>	<b>14<sup>th</sup></b> day since onset of symptoms if there are no symptoms  OR  - Test one day after resolution of symptoms	Negative	<b>Discharge if:</b> -Completed 14 days since onset of symptoms -No symptoms since last 3 days	Avoid Non-Essential travel and social contact (like family visits, attend marriages, functions or work)for 7 days after Discharge. Adequate rest to be taken.
		Positive	Repeat every alternate day till the test is negative for discharge.	
<b>CAT-C or Disease in Immunocompromised (HIV positive, transplant recipients, Malignancy)</b>	<b>14<sup>th</sup></b> day since onset of symptoms if there are no symptoms  OR  -Test one day after resolution of symptom - or as per Physician's orders	Negative	<b>Discharge if:</b> -Completed 14 days since onset of symptoms - No symptoms since last 3 days -Clinically stable	Avoid Non-Essential travel and social contact (like family visits, attend marriages, functions or work)for 7 days after Discharge. Adequate rest to be taken.
		Positive	Repeat every alternate day till the test is negative for discharge	

  
Principal Secretary